



Yogurt Parfaits

What You'll Need!

Greek yogurt

Granola

Whipped Cream

Chopped strawberries

Raspberries

Blueberries

Honey

HOW TO:

Start with a layer (2 tbsp) of yogurt

Layer 2 tbsp granola

Layer berries

Layer 1 tbsp whipped cream

drizzle honey

REPEAT until you get to the top and finish off with a dab of whipped cream and a couple berries